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| **5th Kyu Blue Belt Test** |

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| **Name:** | | | | | | | | **Examiner:** | | | |
| **Present Rank:** | | | | | | **Testing Rank: 5th Kyu** | | | | | **Result:** |
| **Single Basics** | | **Score** | | | **Comments** | | | | **Spirit:** | | |
| Oi Zuki | |  | | |  | | | | | | |
| Gyaku Zuki | |  | | |  | | | | | | |
| Gedan Barai | |  | | |  | | | | | | |
| Age Uke | |  | | |  | | | | | | |
| Ude Soto Uke | |  | | |  | | | | | | |
| Ude Uchi Uke | |  | | |  | | | | | | |
| Shuto Uke | |  | | |  | | | | | | |
| Mae Geri | |  | | |  | | | | | | |
| Yoko Geri Keage (kiba daichi) | |  | | |  | | | | | | |
| Yoko Geri Kekomi (zen kutsu daichi)) | |  | | |  | | | | | | |
| Mawashi Geri | |  | | |  | | | | | | |
| **Ushiro Geri** | |  | | |  | | | | | | |
| **Stances** | | **Score** | | | **Comments** | | | | | | |
| Zenkutsu Dachi | |  | | |  | | | | | | |
| Kokutsu Dachi | |  | | |  | | | | | | |
| Kiba Dachi | |  | | |  | | | | | | |
| **Double Basics** | | **Score** | | | **Comments** | | | | **Spirit:** | | |
| Sando Zuki | |  | | |  | | | | | | |
| Gedan Barai, Gyaku Zuki | |  | | |  | | | | | | |
| Age Uke, Gyaku Zuki | |  | | |  | | | | | | |
| Ude Soto Uke, Gyaku Zuki | |  | | |  | | | | | | |
| Ude Uchi Uke, Gyaku Zuki | |  | | |  | | | | | | |
| Shuto Uke, Nukite | |  | | |  | | | | | | |
| Mae Geri, Yoko Geri Kekomi | |  | | |  | | | | | | |
| **Mae Geri, Jodan Oi Zuki** | |  | | |  | | | | | | |
| **Mae Geri, Chudan Gyaku Zuki** | |  | | |  | | | | | | |
| **Kata** | | **Score** | | | **Comments** | | | | **Spirit:** | | |
| Heian Yodan | |  | | |  | | | | | | |
| Ippon Kumite | | **Score** | | | **Comments** | | | | **Spirit:** | | |
| **\*First cell is for attacking score/Second cell is for defending score** | | | | | | | | | | | |
| Jodan Oi Zuki | |  |  |  | | | | | | | | |
| Chudan Oi Zuki | |  |  |  | | | | | | | | |
| Mae Geri | |  |  |  | | | | | | | | |
| Yoko Geri Kekomi | |  |  |  | | | | | | | | |
| **Score** | 1 = Fail (Comment Required) | | | | | | 2 = Pass (Comment Recommended) | | | 3 = Excellent | |