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| **5th Kyu Blue Belt Test** |

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| **Name:** | **Examiner:**  |
| **Present Rank:** | **Testing Rank: 5th Kyu** | **Result:** |
| **Single Basics** | **Score** | **Comments** | **Spirit:** |
| Oi Zuki |  |  |
| Gyaku Zuki |  |  |
| Gedan Barai |  |  |
| Age Uke |  |  |
| Ude Soto Uke |  |  |
| Ude Uchi Uke |  |  |
| Shuto Uke |  |  |
| Mae Geri |  |  |
| Yoko Geri Keage (kiba daichi) |  |  |
| Yoko Geri Kekomi (zen kutsu daichi)) |  |  |
| Mawashi Geri |  |  |
| **Ushiro Geri** |  |  |
| **Stances** | **Score** | **Comments** |
| Zenkutsu Dachi |  |  |
| Kokutsu Dachi |  |  |
| Kiba Dachi |  |  |
| **Double Basics** | **Score** | **Comments** | **Spirit:** |
| Sando Zuki |  |   |
| Gedan Barai, Gyaku Zuki |  |  |
| Age Uke, Gyaku Zuki |  |  |
| Ude Soto Uke, Gyaku Zuki |  |  |
| Ude Uchi Uke, Gyaku Zuki |  |  |
| Shuto Uke, Nukite |  |  |
| Mae Geri, Yoko Geri Kekomi |  |  |
| **Mae Geri, Jodan Oi Zuki** |  |  |
| **Mae Geri, Chudan Gyaku Zuki** |  |  |
| **Kata** | **Score** | **Comments** | **Spirit:** |
| Heian Yodan |  |  |
| Ippon Kumite | **Score** | **Comments** | **Spirit:** |
| **\*First cell is for attacking score/Second cell is for defending score** |
| Jodan Oi Zuki |  |  |  |
| Chudan Oi Zuki |  |  |  |
| Mae Geri |  |  |  |
| Yoko Geri Kekomi |  |  |  |
| **Score** | 1 = Fail (Comment Required) | 2 = Pass (Comment Recommended) | 3 = Excellent |