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| **1st Kyu 3rd Degree Brown Belt Test** |



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| **Name:** | **Examiner:**  |
| **Present Rank:** | **Testing Rank: 1st Kyu** | **Result:** |
| **Single Basics** | **Score** | **Comments** | **Spirit:** |
| Oi Zuki |  |  |
| Gyaku Zuki |  |  |
| Gedan Barai |  |  |
| Age Uke |  |  |
| Ude Soto Uke |  |  |
| Ude Uchi Uke |  |  |
| Shuto Uke |  |  |
| Mae Geri |  |  |
| Yoko Geri Keage (kiba daichi) |  |  |
| Yoko Geri Kekomi (f. stance) |  |  |
| Mawashi Geri |  |  |
| Ushiro Geri |  |  |
| Ura Mawashi Geri |  |  |
| **Stances** | **Score** | **Comments** |
| Zenkutsu Dachi |  |  |
| Kokutsu Dachi |  |  |
| Kiba Dachi |  |  |
| Other Stances |  |  |
| **Double Basics** | **Score** | **Comments** | **Spirit:** |
| Oi Zuki, Gyaku Zuki |  |  |
| Gedan Barai, Gyaku Zuki |  |  |
| Age Uke, Gyaku Zuki |  |  |
| Ude Soto Uke, Gyaku Zuki |  |  |
| Ude Uchi Uke, Gyaku Zuki |  |  |
| Shuto Uke, Nukite |  |  |
| Mae Geri, Yoko Geri Kekomi |  |  |
| Mae Geri, Oi Zuki |  |  |
| Mae Geri, Gyaku Zuki |  |  |
| Yoko Geri Kekomi, Gyaku Zuki |  |  |
| Mawashi Geri, Gyaku Zuki |  |  |
| Mawashi Geri, Ushiro Geri |  |  |
| **Score** | 1 = Fail (Comment Required) | 2 = Pass (Comment Recommended) | 3 = Excellent |
|  |
| **1st Kyu 3rd Degree Brown Belt Test Continued** |
| **Double Basics** | **Score** | **Comments** | **Spirit:** |
| Ushiro Geri, Mawashi Geri |  |  |
| **Mae Geri, Yoko Geri Kekomi (single leg stepping)** |  |  |
| **Mae Geri, Mawashi Geri (single leg stepping)** |  |  |
| **Triple Combination** | **Score** | **Comments** | **Spirit:** |
| **Sando Zuki (Chudan, Jodan, Chudan)** |  |  |
| Ude Soto Uke, Uraken, Empi |  |  |
| Ude Uchi Uke, Kizami Zuki, Gyaku Zuki |  |  |
| Shuto Uke, Kizami Mae Geri, Nukite |  |  |
| Mae Geri, Yoko Geri Kekomi, Mawashi Geri |  |  |
| Mawashi Geri, Uraken, Gyaku Zuki |  |  |
| Mae Geri, Mawashi Geri, Ushiro Geri |  |  |
| **Ushiro Geri, Uraken, Gyaku Zuki** |  |  |
| **Mae Geri, Yoko Geri Kekomi, Mawashi Geri (one leg, stationary)** |  |  |
| **Kata** | **Score** | **Comments** | **Spirit:** |
| Tokui Kata:  |  |  |
| Heian: 1, 2, 3, 4, 5 Tekki: 1Tekki: 1 |  |  |
| Bassai Dai Kanku Dai  |  |  |
| Jion |  |  |
| Empi |  |  |
| **Kumite Combinations** | **Score** | **Comments** | **Spirit:** |
| Kizami Zuki, Mae Geri, Oi Zuki |  |  |
|  **Jiyu Ippon Kumite** | **Score** | **Comments** | **Spirit:** |
| **\*First cell is for attacking score/Second cell is for defending score** |
| Jodan Oi Zuki |  |  |  |
| Chudan Oi Zuki |  |  |  |
| Mae Geri |  |  |  |
| Yoko Geri Kekomi |  |  |  |
| Mawashi Geri |  |  |  |
| Ushiro Geri |  |  |  |
| **Jiyu Nihon Kumite** | **Score** | **Comments** | **Spirit:** |
| Mae Geri, Jodan Oi Zuki (2X) |  |  |  |
| **Kizami Zuki, Gyaku Zuki (2X)** |  |  |  |
| **Jiyu Kumite** | **Score** | **Comments** | **Spirit:** |
| Attacking |  |  |
| Defending |  |  |
| Speed |  |  |
| Power |  |  |
| Timing |  |  |
| Distance |  |  |
| **Score** | 1 = Fail (Comment Required) | 2 = Pass (Comment Recommended) | 3 = Excellent |