|  |
| --- |
| **1st Kyu 3rd Degree Brown Belt Test** |



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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Name:** | | | | | **Examiner:** | | | | | | | | | | | |
| **Present Rank:** | | | | | | | **Testing Rank: 1st Kyu** | | | | | | | | | **Result:** |
| **Single Basics** | | | **Score** | | | | **Comments** | **Spirit:** | | | | | | | | |
| Oi Zuki | | |  | | | |  | | | | | | | | | |
| Gyaku Zuki | | |  | | | |  | | | | | | | | | |
| Gedan Barai | | |  | | | |  | | | | | | | | | |
| Age Uke | | |  | | | |  | | | | | | | | | |
| Ude Soto Uke | | |  | | | |  | | | | | | | | | |
| Ude Uchi Uke | | |  | | | |  | | | | | | | | | |
| Shuto Uke | | |  | | | |  | | | | | | | | | |
| Mae Geri | | |  | | | |  | | | | | | | | | |
| Yoko Geri Keage (kiba daichi) | | |  | | | |  | | | | | | | | | |
| Yoko Geri Kekomi (f. stance) | | |  | | | |  | | | | | | | | | |
| Mawashi Geri | | |  | | | |  | | | | | | | | | |
| Ushiro Geri | | |  | | | |  | | | | | | | | | |
| Ura Mawashi Geri | | |  | | | |  | | | | | | | | | |
| **Stances** | | | **Score** | | | | **Comments** | | | | | | | | | |
| Zenkutsu Dachi | | |  | | | |  | | | | | | | | | |
| Kokutsu Dachi | | |  | | | |  | | | | | | | | | |
| Kiba Dachi | | |  | | | |  | | | | | | | | | |
| Other Stances | | |  | | | |  | | | | | | | | | |
| **Double Basics** | | | **Score** | | | | **Comments** | | | **Spirit:** | | | | | | |
| Oi Zuki, Gyaku Zuki | | |  | | | |  | | | | | | | | | |
| Gedan Barai, Gyaku Zuki | | |  | | | |  | | | | | | | | | |
| Age Uke, Gyaku Zuki | | |  | | | |  | | | | | | | | | |
| Ude Soto Uke, Gyaku Zuki | | |  | | | |  | | | | | | | | | |
| Ude Uchi Uke, Gyaku Zuki | | |  | | | |  | | | | | | | | | |
| Shuto Uke, Nukite | | |  | | | |  | | | | | | | | | |
| Mae Geri, Yoko Geri Kekomi | | |  | | | |  | | | | | | | | | |
| Mae Geri, Oi Zuki | | |  | | | |  | | | | | | | | | |
| Mae Geri, Gyaku Zuki | | |  | | | |  | | | | | | | | | |
| Yoko Geri Kekomi, Gyaku Zuki | | |  | | | |  | | | | | | | | | |
| Mawashi Geri, Gyaku Zuki | | |  | | | |  | | | | | | | | | |
| Mawashi Geri, Ushiro Geri | | |  | | | |  | | | | | | | | | |
| **Score** | 1 = Fail (Comment Required) | | | | 2 = Pass (Comment Recommended) | | | | | | | | | | 3 = Excellent | |
|  | | | | | | | | | | | | | | | | |
| **1st Kyu 3rd Degree Brown Belt Test Continued** | | | | | | | | | | | | | | | | |
| **Double Basics** | | | **Score** | | | | **Comments** | | | | **Spirit:** | | | | | |
| Ushiro Geri, Mawashi Geri | | |  | | | |  | | | | | | | | | |
| **Mae Geri, Yoko Geri Kekomi (single leg stepping)** | | |  | | | |  | | | | | | | | | |
| **Mae Geri, Mawashi Geri (single leg stepping)** | | |  | | | |  | | | | | | | | | |
| **Triple Combination** | | | **Score** | | | | **Comments** | | | | | **Spirit:** | | | | |
| **Sando Zuki (Chudan, Jodan, Chudan)** | | |  | | | |  | | | | | | | | | |
| Ude Soto Uke, Uraken, Empi | | |  | | | |  | | | | | | | | | |
| Ude Uchi Uke, Kizami Zuki, Gyaku Zuki | | |  | | | |  | | | | | | | | | |
| Shuto Uke, Kizami Mae Geri, Nukite | | |  | | | |  | | | | | | | | | |
| Mae Geri, Yoko Geri Kekomi, Mawashi Geri | | |  | | | |  | | | | | | | | | |
| Mawashi Geri, Uraken, Gyaku Zuki | | |  | | | |  | | | | | | | | | |
| Mae Geri, Mawashi Geri, Ushiro Geri | | |  | | | |  | | | | | | | | | |
| **Ushiro Geri, Uraken, Gyaku Zuki** | | |  | | | |  | | | | | | | | | |
| **Mae Geri, Yoko Geri Kekomi, Mawashi Geri (one leg, stationary)** | | |  | | | |  | | | | | | | | | |
| **Kata** | | | **Score** | | | | **Comments** | | | | | | | **Spirit:** | | |
| Tokui Kata: | | |  | | | |  | | | | | | | | | |
| Heian: 1, 2, 3, 4, 5 Tekki: 1  Tekki: 1 | | |  | | | |  | | | | | | | | | |
| Bassai Dai Kanku Dai | | |  | | | |  | | | | | | | | | |
| Jion | | |  | | | |  | | | | | | | | | |
| Empi | | |  | | | |  | | | | | | | | | |
| **Kumite Combinations** | | | **Score** | | | | **Comments** | | | | | | | **Spirit:** | | |
| Kizami Zuki, Mae Geri, Oi Zuki | | |  | | | |  | | | | | | | | | |
| **Jiyu Ippon Kumite** | | | **Score** | | | | **Comments** | | | | | | | **Spirit:** | | |
| **\*First cell is for attacking score/Second cell is for defending score** | | | | | | | | | | | | | | | | |
| Jodan Oi Zuki | | |  | |  | |  | | | | | | | | | |
| Chudan Oi Zuki | | |  | |  | |  | | | | | | | | | |
| Mae Geri | | |  | |  | |  | | | | | | | | | |
| Yoko Geri Kekomi | | |  | |  | |  | | | | | | | | | |
| Mawashi Geri | | |  | |  | |  | | | | | | | | | |
| Ushiro Geri | | |  | |  | |  | | | | | | | | | |
| **Jiyu Nihon Kumite** | | | **Score** | | | | **Comments** | | | | | | | **Spirit:** | | |
| Mae Geri, Jodan Oi Zuki (2X) | | |  |  | |  | | | | | | | | | | |
| **Kizami Zuki, Gyaku Zuki (2X)** | | |  |  | |  | | | | | | | | | | |
| **Jiyu Kumite** | | | **Score** | | | | **Comments** | | | | | | | **Spirit:** | | |
| Attacking | | |  | | | |  | | | | | | | | | |
| Defending | | |  | | | |  | | | | | | | | | |
| Speed | | |  | | | |  | | | | | | | | | |
| Power | | |  | | | |  | | | | | | | | | |
| Timing | | |  | | | |  | | | | | | | | | |
| Distance | | |  | | | |  | | | | | | | | | |
| **Score** | | 1 = Fail (Comment Required) | | | | | | | 2 = Pass (Comment Recommended) | | | | 3 = Excellent | | | |